

How it Works.

The following is a basic layout of what this Challenge is all about.

The Event starts in Alice Springs and finishes in Brisbane.

Everyone gets themselves to Alice Springs and then we take over, once we get to Birdsville at the end of the run you have the option of flying to Brisbane on a Commercial flight or coming to Townsville in the 4 x 4 s, where the journey will end.

On the 22nd of April 2015 the Simpson Desert Adventure Crossing will leave Alice Springs for Dalhousie Springs on the western side of the desert. The night before we will meet at the Gap Hotel for a full briefing and dinner, a meet and greet and discuss what lies ahead.

It will take a full day to get to Dalhousie Springs where there is quite possibly one of the best hot flowing bores in the country, a swim and the first of our bonfire magic nights with another briefing on how the next 19 days will pan out.

We supply all the logistics and expertise, food, tent per person, good mattress and pillow.

Our staff will consist of a medic, cooks, drivers and a sports science expert.

A helicopter will be on standby for emergencies and communication will be only via a satellite phone.

Water for drinking will be in abundance but for washing the body it will be limited. I have found the best way to get around this is a combination of solar showers with wet ones as a great back up.

Toilets will be the old long drop on top of a sand dune with a different stunning view at every camp.

We run silent generators so charging of batteries is not a problem.

Washing or the basic rinsing of clothes will be possible, but limited.

If you have any medical issues we must be told about them in case of an emergency.

Everyone must sign a waiver and enter this event with a high degree of self responsibility, this is no easy walk in the park, but if you are physically and mentally prepared it should be a highly rewarding adventure.

As far as the food goes we will have a continental style breakfast.

Lunch will be a combination of sandwiches, snacks, energy bars and fresh fruit on the go.

Dinner will be a hot meal. Fruit will be available at all times.

If special dietary requirements are needed you must explain and let us know well in advance what you require.

A glass of wine is up to you in the evening and you must purchase and supply that prior to us leaving Alice Springs. Beer is bulky and difficult to carry and keep cool.

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A Typical Day.

Wake up call is 20 minutes before sunrise break, breakfast follows as daylight dawns.

Continental style breakfast

Before any one starts off a vehicle will go ahead and mark the route out for the day.

A way point will be set up half way through the day were food or water can be topped up.

It will be about 60 minutes after sunrise that you can start the day's journey.

A small day pack is good for water and basic food. fruit, energy bars etc.

A vehicle will wait until the last person has left and then stay at the back of the last person for the entire day.

There will be just one check in point during the day to replenish supplies if necessary, this will be about half way through the days travel.

On arrival at camp for the night everything will be set up, the only thing you will have to do is set up your tent, which will only take a few minutes, help will be there if needed.

Dinner will be a full hot meal, with plenty for all and a glass of wine if you so desire.

Early to bed and early to rise but a camp fire will be the focus of the nights as we sit and relax and get ready for the next big day.

The first couple of days are fairly flat going, low dunes and hardish ground, 25 km a day in this is a good way to warm up for what's ahead.

The further east we go the dunes get a whole lot softer and steeper.

Problems and things to watch out for.

Blisters can be a pain, be prepared and do your homework on this issue.

Fatigue and rehydration.

Be aware of other people's needs and privacy.

Be prepared for the unexpected and don't take things for granted.

Whilst this is a fairly hard core run its really up to you to just how hard you push yourself, be aware and stay on top of your personal capabilities.

Medical evacuations are there if needed, but remember here we are isolated and this can be time consuming and quite tricky.

What you will need to bring.

A good sleeping bag.

Personal hygiene and medical needs.

Clothes to suit such a run. You will know what's best here, but don't over load as space will be limited.

Warm clothes as the night temperature could get down to and below zero.

Shoes that you are comfortable with and a spare pair.

A small day knapsack with a camel back is ideal.

Camera and accessories.

A multipurpose knife.

A head torch with spare batteries.

A fly net and a hat.

A great sense of humorand a smile on your face.